



ANNUAL HEALTH CHECKS

WHAT CAN WE LEARN
FROM ONE ANOTHER

WHAT THINGS WORKED WELL?

Group Discussion and feedback.



WHAT THINGS DID YOU FIND DIFFICULT? AND HOW DID YOU OVERCOME THEM?

Group Discussion and feedback.



ACTIVITY - COMPONENTS OF A HEALTH CHECK AND PLAN

How would you do it?

Things to remember:

- Can be done by any competent clinician e.g. Doctor, Nurse or HCA
- Can do all at once or split across appointments e.g. with OST
- Health plan and main goal (including coding and give copy to patient and RESET Care Coordinator)
- Main clinician to review the Health Plan
- If patient needs spirometry or ECG, make a longer appointment.
- Don't forget about BBV!

Health Check Activity

9 COMPONENTS TO THINK ABOUT

BLOOD PRESSURE

BMI

PEAK FLOW

DEPRESSION

AUDIT C OR FULL AUDIT

CERVICAL SMEAR OFFERED

HEALTH PLAN

SPIROMETRY

ECG



HEALTH CHECK AND PLAN PAYMENT CRITERIA



POSSIBLE EXTRAS



ACTIVITY - HEALTH PLANS

How to Support People Over the Years.

- Review the findings of the cases provided. What might the clinician discuss with the patient to put as the care plan?