

# Adult Social Care Useful Contacts



## Making a referral

Online: <https://communitycatalogue.towerhamlets.gov.uk/third-party-referral>

By Post: First Response Team  
John Onslow House  
1 Ewart Place  
London E3 5EQ

Email: [adultcare@towerhamlets.gov.uk](mailto:adultcare@towerhamlets.gov.uk)  
Tel: 0207 364 5005  
Fax: 0207 364 3860

## Reporting a safeguarding concern

Call the safeguarding adults hotline on 020 7364 6085 or visit  
[https://www.towerhamlets.gov.uk/lgnl/health\\_\\_social\\_care/safeguarding\\_adults/What\\_to\\_do\\_if\\_you\\_are\\_concerned.aspx](https://www.towerhamlets.gov.uk/lgnl/health__social_care/safeguarding_adults/What_to_do_if_you_are_concerned.aspx)

## Accessing the Tower Hamlets Community Catalogue

To establish what services are available within the community for adults with health and social care needs

<http://communitycatalogue.towerhamlets.gov.uk>

## Tower Hamlets Single Point of Access

To explore Tower Hamlets Choices and establish what services are available through Tower Hamlets Together health and social care.

<https://towerhamletschoices.info>

### Useful information

To access the Ageing Well Strategy please visit

[https://www.towerhamlets.gov.uk/Documents/Adult-care-services/Supporting-adults/Ageing\\_Well\\_Strategy.pdf](https://www.towerhamlets.gov.uk/Documents/Adult-care-services/Supporting-adults/Ageing_Well_Strategy.pdf)

To view the council's website please visit

<https://www.towerhamlets.gov.uk>

