



Compass

King's College Hospital

NHS Foundation Trust



Tower Hamlets Young People's Integrated Health and Wellbeing Service

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Sue Luty, Safe East Nurse Team Lead

Core Elements of our Service





What we do

- 1:1 casework in relation to substance misuse, sexual health/healthy relationships and associated emotional wellbeing
- Open access sexual health and contraception clinics, including clinic in a box for those hard to reach
- C-card scheme and condom distribution, in partnership with pharmacies
- Delivering workshops and sessions on Sex and Relationships, Drugs and Alcohol Education and Smoking Cessation within universal settings such as schools, colleges and youth centres
- Targeted support with at risk groups, such as YOT, LAC/Care Leavers, Hidden Harm, Young Carers, Teenage Pregnancy
- Training for professionals regarding Drugs and Alcohol and RSE agenda
- Young people can self-refer by phone, email or drop-in
- Professionals can refer by referral form (with YP consent)
- We see young people in schools, youth clubs, health centres, our clinical hub and in locations across the community

Where to find us



Service Contact Details

SAFE EAST
59 Mile End Road, E1 4TT

Tel: 020 3954 0091

Secure email:
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