


**GROUP CARE PLANNING NW6
PRACTICE BASED CARE
PLANNING INITIATIVE 2017/2018**

Integrated Clinical and Commissioning Quality NIS 17/18 - Network 6

- 6 Practices
 - Nurses, HCA and admin given 1 day training by ELC Works – Group Training Consultancy – group working and facilitation skills
 - Network employment of a Network Facilitator – organisation and cohesion
 - Aim for each practice to embed group consultations into practice
 - 5 of the 6 practices invited patients to Group Care Planning sessions , run in house
 - Each patient had completed part 1
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What worked.....

Good staff attendance at training, including admin staff

Positive feedback from attendees

Attendance of a coordinator from East Exchange at the end of the session

Offered a Bengali speaking session



- I found that the ladies who did attend found it very useful to get results in a different way with others and share different things in common. They were happy that they got to address certain problems with the nurses and also found that they weren't the only one feeling the way they do. They all made goals to bring their Hba1c results lower by doing exercise activities and also control their diet, this tied in very nicely for when Lutfa came in and said they would meet together to go to a walking group run by the east exchange project.
- What struck me is that the patients seemed to take what was said much more seriously, and I could see the penny dropping for them about their results and the implications . I also noticed they supported each other with empathy and advice and seemed to enjoy the group session.
- The patients seem interested in creating a peer -peer support group after the group. Patients asked if they could have another group session to assess their progress.

What didn't work

Organisational – Limited time from development to practice, Loss of staff (Network Facilitator left), Rooms were not booked, system was not embedded , Patients did not turn up to the session, took a lot of time to organise.... And it snowed very heavily for one of the sessions

Staff - Levels of confidence ,New way of working, clarity of roles, staff were demoralised by poor attendance, a lot of concerns about the clinical benefits of group work versus 1:1

What next

Awaiting feedback from XX Place surgery who have been successfully running Group Care Planning for the last 1 year .

July PLT – Care planning training

