



Tower Hamlets
Clinical Commissioning Group

Mental Health and Learning Disabilities

NIS Update - 2019/20

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Mental Health

- 1. Adult Attention Deficit Hyperactivity Disorder (ADHD)**
- 2. Antipsychotic Prescribing for Non-SMI Patients**
- 3. SMI and Physical Health National Requirements**



Primary Care Management of Adult Attention Deficit Hyperactivity Disorder

- NICE clinical guidelines on treatment of adult ADHD recommend that drug treatment of ADHD should form part of a comprehensive treatment programme that focuses on psychological, behavioural and educational or occupational needs that should be managed across both primary and specialist care.
- The ADHD NIS will form part of the prescribing NIS, to include the physical health monitoring requirements and an annual medication review that includes a substance misuse and suicide review as per the ELFT adult ADHD treatment guidelines, that have been ratified at the CCG prescribing delivery board.

At Initiation: What is required?

- Suicide risk assessment
- Substance misuse- history and risk assessment
- ECG if cardiac risk factors noted (PH/FH)
- FBC for methylphenidate only

6 monthly: What is required?

- BP, pulse, BMI and reports decreasing weight to GP
- Substance misuse
- Medication r/v- efficacy, side effects (once stable please do annually)

Ongoing/Oppportunistic

- LFTs if symptoms suggest- atomoxetine
- FBC if symptoms suggest- methylphenidate
- ECG if cardiac risks are noted

Antipsychotic Prescribing for Non-SMI Patients



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- Initial analysis indicates that there are over 600 patients in Tower Hamlets that are not on the SMI register that are prescribed antipsychotics (ex-EPC, personality or adjustment disorders, Depression etc).
- For 2019/20 it is proposed to expand the Care Planning element of the current Integrated Clinical, Management and Commissioning Quality NIS for those patients prescribed antipsychotics that are not on the SMI register to ensure appropriate regular screening and management for this patient cohort.

SMI and Physical Health National Requirements



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- NHS England is seeking to expand the CCG level Serious Mental Illness data collection in 2019/20
- The expanded data collection will ask CCGs to report on a number of additional data items. It will ask CCGs to report on:
 - In line with current reporting requirements:
 - 1. All 6 of the below sub-components of the comprehensive physical health assessment)
 - 2. a measurement of weight (BMI or BMI + Waist circumference);
 - 3. a blood pressure and pulse check;
 - 4. a blood lipid including cholesterol test;
 - 5. a blood glucose test;
 - 6. an assessment of alcohol consumption;
 - 7. an assessment of smoking status;

SMI and Physical Health National Requirements



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- In addition to current reporting requirements:
- This application requests that the data collection is expanded to also require CCGs to submit data on the number of people on the GP SMI register who have received:
 - 1. an assessment of nutritional status or diet AND an assessment of level of physical activity;
 - 2. substance misuse assessment
 - 3. a medicines review or reconciliation.

SMI and Physical Health National Requirements



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- SMI Follow-Up Interventions
- There is also a requirement for a range of follow up of interventions to be offered to patients with SMI that have undertaken a physical health check.
- Networks will be asked to undertake an exercise to map whether the follow-up interventions are currently being offered in all practices, how this delivered/by who, and how this is currently coded/captured.
- Where the follow-up interventions are not currently being offered, networks are asked to map out the infrastructure required to routinely do so. This should include, but is not restricted to, workforce requirements, the availability of external services (e.g. Public Health commissioned services) to offer the intervention, and any data/coding requirements to accurately capture this information.



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Learning Disability

1. Annual Health Checks
2. GP List / Register

Learning Disability Annual Health Checks



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- Individuals with a learning disability face greater health inequalities than the general population:
 - Four times as likely to die of preventable causes.
 - Die younger than the general population - 14 years for males, 18 years for females.
 - Communications needs and barriers increase the likelihood of diagnosis overshadowing.
- Multiple organisations and initiatives have shown that Annual Health checks are one of the key actions to ensure that people with a learning disability get good care and support from mainstream health services.
- The NHS long-term plan outlines the national standard to achieve at least 75% of the learning disability population having undertaken an annual health check.

Learning Disability Annual Health Checks



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	2016-17	2017-18	2018-19 (March 19)
NW1			57.26%
NW2			43.16%
NW3			92.06%
NW4			89.32%
NW5			79.02%
NW6			56.61%
NW7			72.62%
NW8			67.77%
Total	57%	74%	69%

Table 1. Tower Hamlets performance of Adult (18+) AHC completion

Learning Disability GP Register



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- National estimates from March 2017 suggest 2.17% of the adult population would be expected to have learning disability. which equates to 4,848 adults in Tower Hamlets.
 - This equates to 4,848 adults within Tower Hamlets.
 - There are currently 1,033 adult.
- Practices are tasked to increase these numbers where appropriate by 5% per quarter.

	Ages 14-17	Ages 18+
Q1	67	1033
Q2	70	1084
Q3	74	1139
Q4	78	1196

Table 2. Tower Hamlets GP list/learning disability targets* for 19-20

*These targets are approximates based on February 2019 data. These are not final figures.

Learning Disability

Annual Health Checks & GP Register



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- Patients should be correctly coded by using the following codes to ensure everyone has been captured:
For 18+
 - Eu817 Profound learning disabilities
 - Eu815 Severe learning disabilities
 - Eu814 Moderate learning disabilities
 - Eu816 Mild learning disabilities
 - 918e On the learning disability register
- Tower Hamlets CLDS can support coding and evaluation of needs and diagnosis. Network link nurses can be contacted to support practices with these areas.



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Thank you

Questions?