

Hidden Harm

Strengthening relationships

6th November 2018

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Drug Alcohol Action Team



Please do not share outside service.



Purpose of this session

- Hidden Harm work in Tower Hamlets
- Impact of Parental substance misuse on Children
- Services we Offer
- How to make referrals

Defining Hidden Harm

- The Advisory Council on the Misuse of Drugs (ACMD) defines Hidden harm as Parental problem drug use and it's actual and potential affect on children.
- Hidden Harm refers to children and young people whose particular needs are often overlooked; their parental substance misuse has serious negative effects and is associated with poor outcomes.
- Children's vulnerability to neglect and abuse increases when parental mental illness coexists with other problems such as substance misuse, domestic violence or childhood abuse (Cleaver et al. 2007)

Tower Hamlets Substance Misuse Strategy 2016-2019

- Protecting children and young people affected by Parental Substance misuse is a priority.

1 Estimating the drug and alcohol misusing population

Opiate and Crack Users (OCUs) in Tower Hamlets

- PHE estimate suggests a total of 2,798 OCUs in 2014/15, representing a fall of around 20% from 3,561 (2011/12) → decrease compared mainly in OCUs aged 25 to 34
- Tower Hamlets OCU prevalence rate (13 per 1,000 population) above London and England rate of 9 per 1,000 population

Local Authority	Total
Tower Hamlets	2,798
Hackney	2,553
Ealing	2,464
Newham	2,400
Lambeth	2,387

Age group	Total number	Rate per 1,000 population
15 to 24	410	9.8 per 1,000
25 to 34	852	10.2 per 1,000
35 to 64	1,536	17.7 per 1,000

(Source: PHE Prevalence estimate, 2017, based on 15 to 64 population)

In a nutshell

- Tower hamlet have the highest opiate and crack users. (Source: PHE Prevalence estimate, 2017, based on 15 to 64 population)
- Serious case reviews identified drug and alcohol misuse as a recurrent theme.

Alcohol dependent parents

- PHE estimates that around 610 dependent alcohol users in Tower Hamlets live with children in their household. The number of children in those households is estimated to be around 1,177.
- Currently, around 23% of those adults are in treatment while around 25% of those children live with clients in treatment.

In a nutshell

Opiate dependent parents

- PHE estimates that around 750 adults with an opiate dependency live with children. The estimated number of children living in those households was around 1,359 children.
- PHE estimates show that around 56% of those opiate dependent adults are in treatment while around 66% of those children live with clients in treatment.

(Public Health England prevalence estimate, 2017)

Key Achievements in Tower Hamlets

- First Hidden Harm Coordinator in London 2009
- Hidden Harm Strategy 2009
- Policies, Procedures and training 2010/2017
- Integrated Assessments 2010
- First London M-PACT Programme 2010
- First Steps 2011
- London Safeguarding Children Awards Finalists 2012
- Busiest M-PACT ever 2013
- Processes reinvigorated in 2014/15
- MASH Partner 2016
- Reset Family Worker 2016
- Increase in referrals to treatment from CSC 2016/17
- Frontline training offer 2018

Service Offered

- M-PACT (Moving Parents and Children Together)
- Support, advice and information to professional and families.
- One to one sessions
- First step to recovery programme
- Friend and family support Group

Meath Gardens Children's Centre

In partnership with Drug and Alcohol Services

Our First Steps to Recovery

Are you a mother with a history of drug or alcohol misuse or impacted by someone else's misuse and have a child under 5 years old (including pregnancy)?

We understand that being a parent can be a key motivator for change.

Come along to our weekly peer support group

This support group will offer you a space to develop a positive relationship with your child and increase your self-confidence. You will be able to access a variety of workshops on a weekly basis.

Venue: Meath Gardens Children's Centre,
1 Smart Street
London, E2, 0SN

Day/time: Fridays 11:30-1:00

For further details please contact:
Sam - Reset Recovery Support- 020 3889 9510/07886687285
Sonia - Gateway Midwife- 07979770937
Jade Smith - Early Intervention Worker Play and Learning - 0207 364 1788

IMPACT

Moving Parents And Children Together

121 support for families

Friends and Family Support Group

We understand that living with someone with a drug and alcohol problem can make you feel helpless, frustrated and lonely.

Our group is a place for you to feel supported and meet people who are or who have gone through a similar situation.

We will provide advice, support and information in an informal and safe environment.

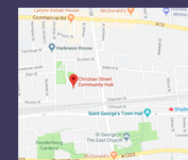
If you would like to talk about what you can expect in further detail, please contact the team on the details below.



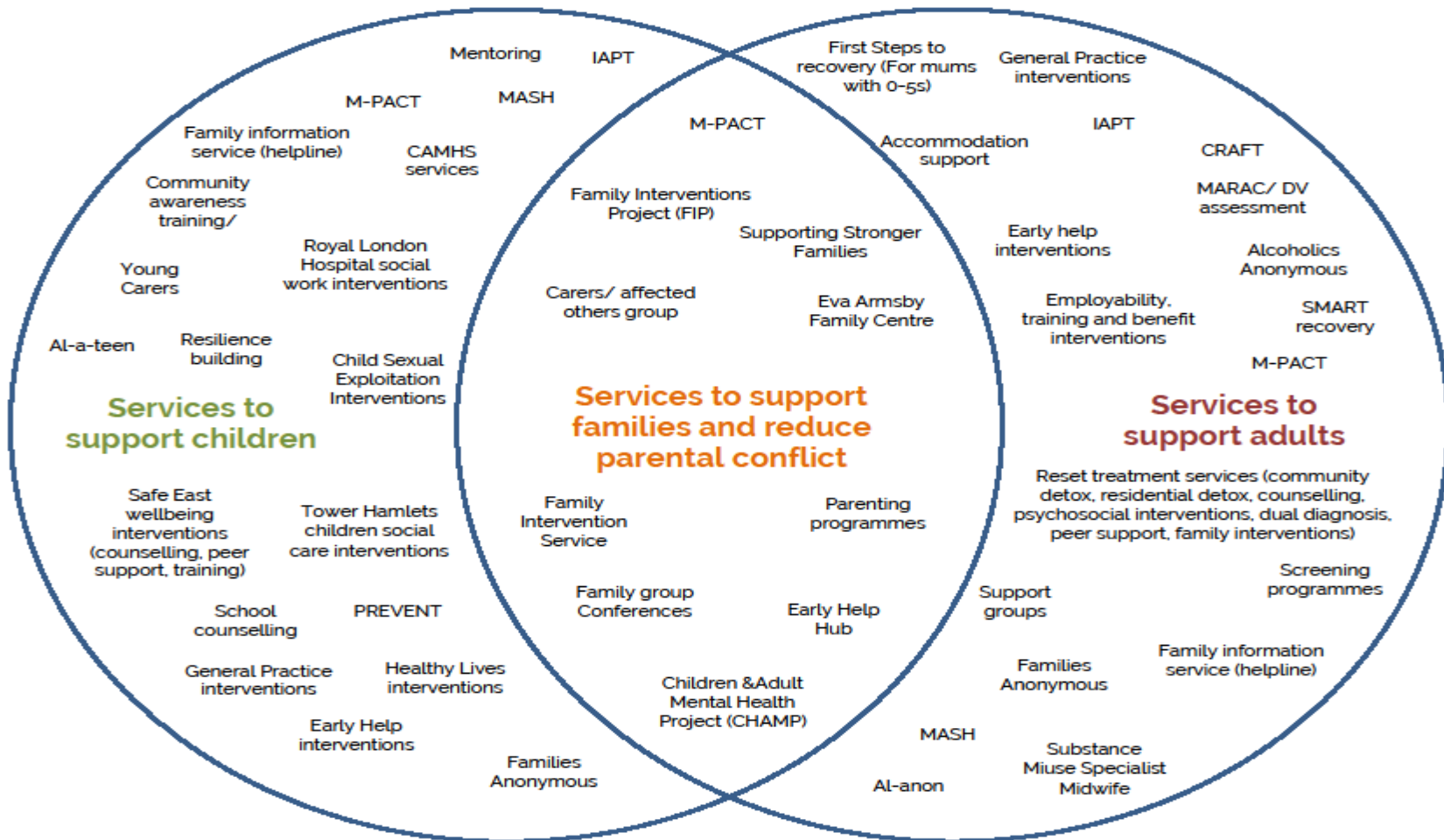
For more information contact:

Hamida - 07572 618 728
Hamida.khanam@towerhamlets.gov.uk
Sam- 07786 687 285
Samantha.Newell@cgl.org.uk

We meet every other week on Wednesday @ 10:00-12:00
 Starting from the 4th July 2018
 Next date 18th, 1st Aug, 15th, 29th
 Venue: Christian street Hub
 Whitechapel, E1 1AZ

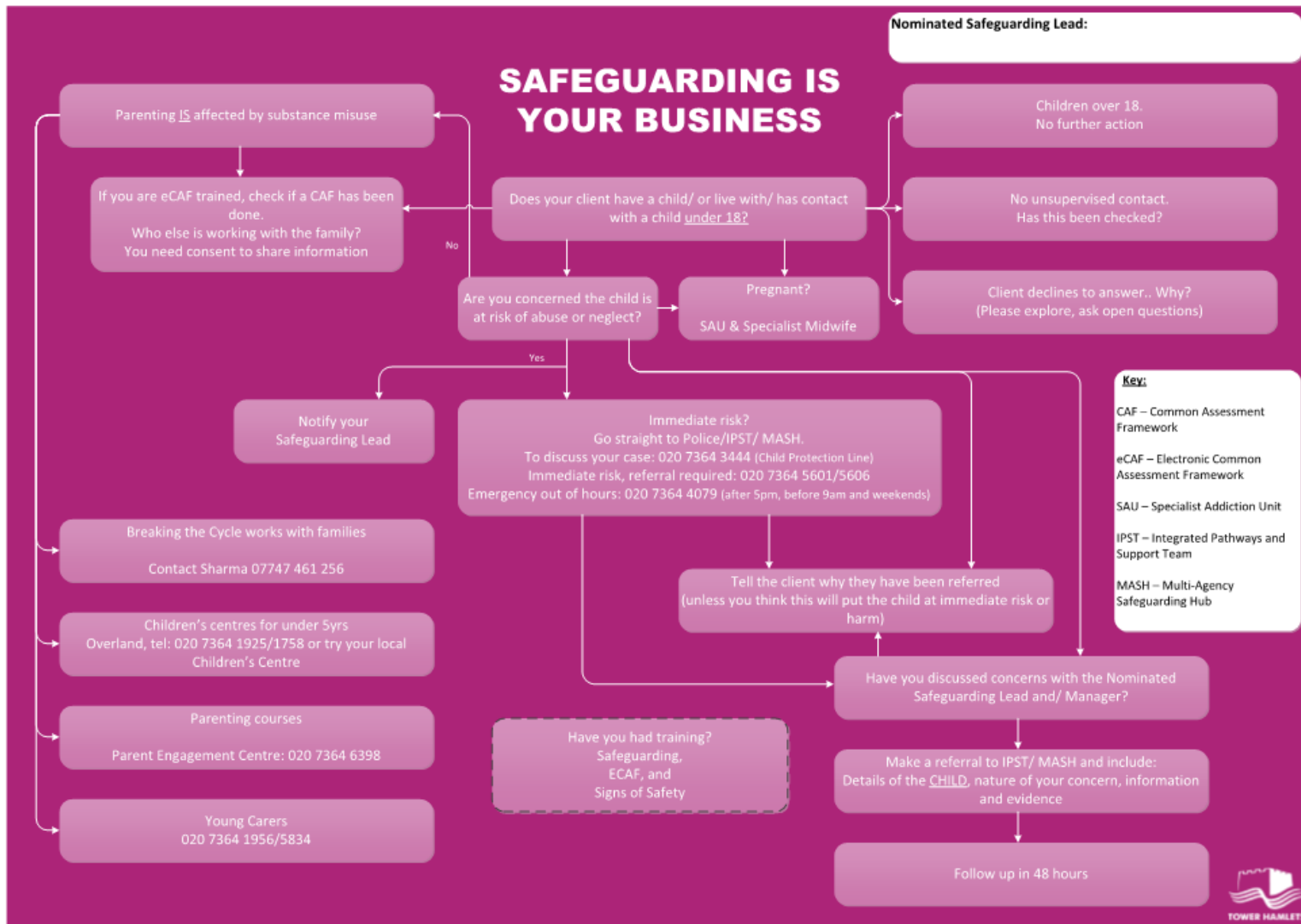


What interventions do we offer as a partnership?



Feedback

- How do you identify parental substance use in your work and what would you do.
- Do you know who to talk to and how to make referral into drug and alcohol services.
- How open are families when talking about Substance use.



What can help

- Supportive, non judgemental adults
- Reduce risks
- Increase resilience and protective factors
- Work with non- using family members
- Work with families including misusers
- Identify adult support outside family
- Encourage positive activities and rituals.

How to make referral

- Contact me on 0207 364 3182
- Email: hamida.khanam@towerhamlets.gov.uk
- Substancemisuse.safeguarding@towerhamlets.gov.uk

Reset and Social Services – Safeguarding flowchart

Reset

You have identified a client with a substance misuse issue

Do they have children under the age of 18?

Are they known to Services e.g. Social Services

Has there been a risk Identifier? What are the risks to children?

What appropriate family interventions can you provide

Discuss families in regular safeguarding supervision meetings

Review and monitor changes within family e.g. reduce drug use, reduce conflict in family

Aim: Reduce risk to children and improve family life

Who is their care co-ordinator/ social worker

Joint assessment and care plan undertaken

Joint partnership meetings and Family Group Conference – Information sharing

Social Services

You have identified a client with a substance misuse issue

Are they known to Reset

Make referral to Reset (with consent)

Has there been a risk Identifier?

What appropriate family interventions are available to them, specific to substance misuse

Review and monitor changes within family e.g. reduce drug use, reduce conflict in family



Thank you

Any questions?