

# Voluntary sector organisations providing End of Life Care/Last Years of Life Services for Tower Hamlets Residents



## **1 Linkage Plus**

The service is delivered by five community organisations located across Tower Hamlets; The Sundial Centre (Peabody), Toynbee Hall, Sonali Gardens (St. Hilda's Community Centre), Age UK East London and Neighbours in Poplar. Each centre offers a wide range of activities and a team of outreach workers providing one to one support to older adults.

Linkage Plus is a free service for anyone over 50 living in the London Borough of Tower Hamlets. Anyone can be referred by a professional, a friend, family member or they can self-refer. They will be met or visited by a trained assessor who will understand their welfare support requirements. Each individual will receive a tailored plan to include:

1. Activities to support physical and mental welfare e.g. physical exercise, social groups etc.
2. Signposting to service outside of Linkage Plus which will further support their welfare.

Referral Link: <http://linkageplus.co.uk/our-services/making-a-referral>

## **2 Eden Care**

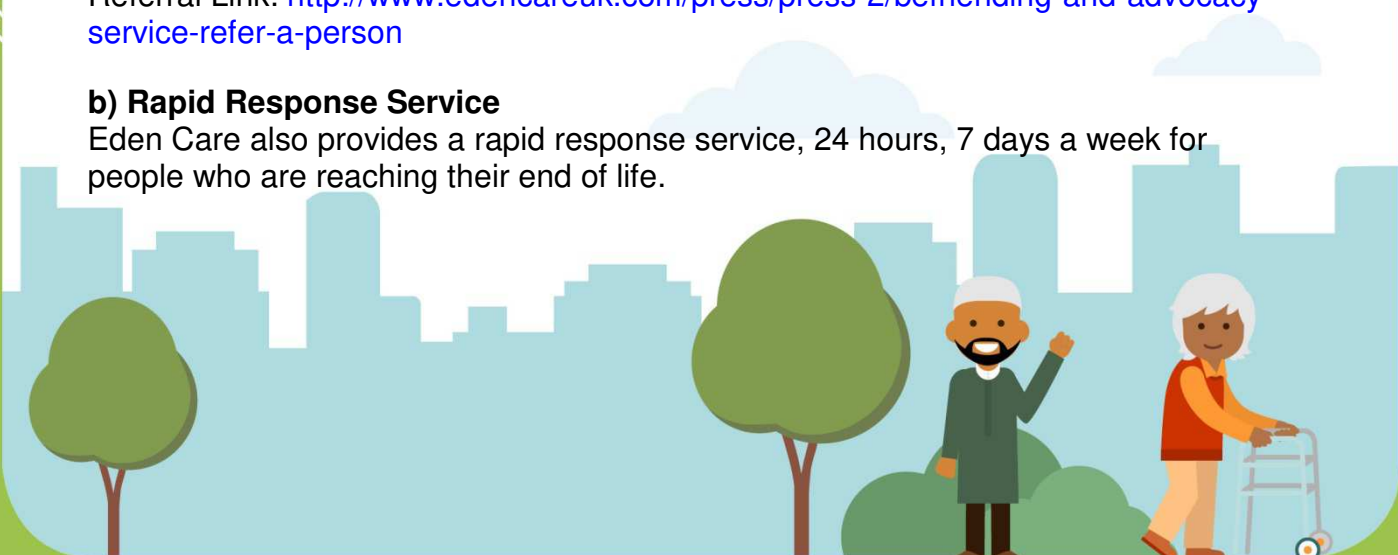
### **a) Befriending**

Eden Care provide a befriending and advocacy service which supports and empowers the long term sick and those reaching end of life. Befrienders will support people with their personal, social and spiritual needs and the service is open to people from all communities. Anyone can refer into the service and they also accept self-referrals.

Referral Link: <http://www.edencareuk.com/press/press-2/befriending-and-advocacy-service-refer-a-person>

### **b) Rapid Response Service**

Eden Care also provides a rapid response service, 24 hours, 7 days a week for people who are reaching their end of life.



During the final hours of life, Eden Care will provide support to the family, friends and the patient.

To refer: Call 02032895591 or in an emergency contact 07434505591

### **c) Muslim Burial Fund**

This fund provides assistance through advice, loans or grants after carefully assessing their needs. Eden Care helps individuals by developing a burial plan and contribute towards their end of life plan. Muslim Burial Fund will usually support those who are eligible for zakat and are isolated and/or have no family support.

## **3 City and East London Bereavement Service (CELBS)**

### **a) CELBS is available to:**

- any individual over the age of 18 who is a resident of the London Borough Tower Hamlets
- couples who have lost a child of any age who are residents of the London Borough of Tower Hamlets
- relatives and friends of anyone who has died in the hospitals of Barts Health NHS Trust

To refer: Patients can self-refer or a GP can make a referral by calling 020 3022 5177 or email [admin@celbs.org.uk](mailto:admin@celbs.org.uk)

### **b) CELBS Telephone Helpline Service**

CELBS have a helpline service available on Wednesday and Thursday evenings from 6.00 p.m. to 9.00 p.m. if patients are unable to call during the day.

To contact: Telephone 020 3022 5177

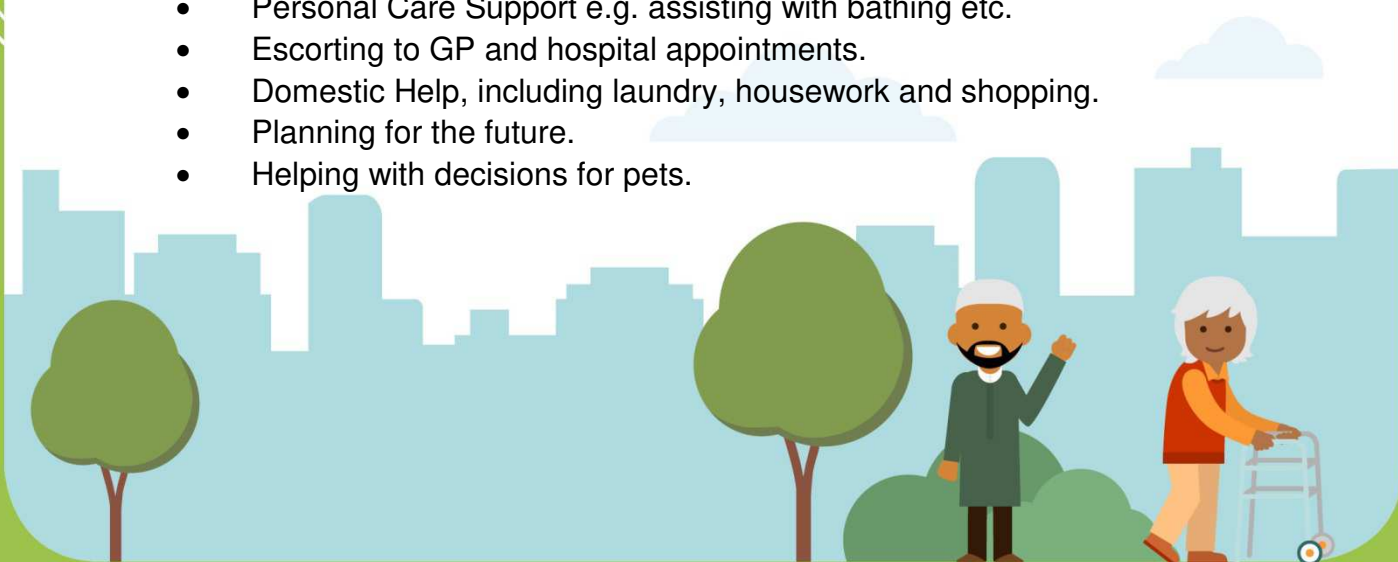
## **4 Age UK**

### **a) Last years of Life Service**

The aim of the service is to provide practical and emotional support to adults aged 18+ who have been diagnosed with palliative care needs through a supportive holistic approach.

The support available includes:

- Personal Care Support e.g. assisting with bathing etc.
- Escorting to GP and hospital appointments.
- Domestic Help, including laundry, housework and shopping.
- Planning for the future.
- Helping with decisions for pets.



## **b) Other Services**

In addition to this, Age UK provides a range of services for people aged over 50, including:

- Intergenerational projects
- Social recreation
- Lunch clubs
- Computer classes
- Exercise and physical activities

To refer: Email [info@ageukeastlondon.org.uk](mailto:info@ageukeastlondon.org.uk)

## **c) Age UK Tower Hamlets Handyperson Service**

Residents of Tower Hamlets are entitled to 2 visits per year which is fully funded by LBTH. The service includes:

- Home security checks
- Accident prevention checks
- General Handyperson tasks e.g. fitting of shelves, change lightbulbs etc.
- Garden tidy

To refer: Telephone the Age UK East London Home & Care Team on 020 8503 4800

## **5) St Joseph's Hospice 24/7 Advice and Support**

St Joseph's Hospice provides 24 hour advice 7 days per week, to people affected by serious life limiting conditions – this includes patients, carers and GPs.

To access information: Telephone 0300 30 30 400

## **6) Marie Curie Night Nursing Service**

Nurses and healthcare assistants can provide 9 hour nursing shifts from 10.00 p.m.- 7.00 a.m. any day of the week in people's homes and care homes. This is available for any patient with a life limiting condition.

To refer: Contact Tower Hamlets district nursing team or St Joseph's Hospice (if patient is known to them)

Additional Information: Contact Nicola Wigmore on 07515133220 or email [nicola.wigmore@mariecurie.org.uk](mailto:nicola.wigmore@mariecurie.org.uk)

### **Marie Curie Online Knowledge Zone**

Available for health and social care professionals where they can access free and easy online information and support when caring for patients at the end of their life.

To access follow this link:

<https://mariecurie.org.uk/knowledgezone>

